



NMHA SUMMER POLICY

1. From 7 days after the end of Tryouts to August 1st

- Teams are not permitted to play in any hockey games.
 - This includes but is not limited to games wearing non-logged jerseys, practice jerseys, games with or without an official, in Newmarket or any other location, scrimmages vs other teams, with someone other than the head coach on the bench, etc
- Teams are not permitted to participate in any non-sanctioned tournaments.
 - This includes but is not limited to registering under a different name or playing wearing a different jersey, with someone other than the head coach on the bench.
 - To the Association's knowledge there are no sanctioned tournaments during this period.
- No activity during this period can be made mandatory under any circumstances (i.e.: practices, team building sessions, training camps, development camps, etc)

2. From 7 days after the end of Tryouts to August 1st

- Teams are limited to 1 optional team activity per week. This activity can be, but is not limited to a practice, dry land training, team building session, team party, etc

3. From August 1st to Labour Day Monday

- Teams are permitted to hold as many optional activities as they wish.
 - These activities can include practices, dry land training, team building sessions, training camps, development camps, etc.
 - Effective August 2017, the OMHA does not permit any exhibition games until after September 1st.
 - These activities must remain optional to the players

Failure to abide by this policy, Head Coaches (and support staff) will be subjected to disciplinary action that can include suspension and/or removal from position